

SUGAREEF

Bar • Restaurant



A Casual Dining Experience..!

BETWEEN THE SLICES

12pm to 5pm

Why not add a side of fries or hand cut chips

Jersey Chancre Crab Sandwich 9.95

Handpicked local crab bound with light mayonnaise and chives, stacked on cucumber with a squeeze of citrus on white or brown doorstep bread.

Sweet Chilli Chicken 8.95

Warm Cajun chicken with onions, mixed peppers, bean sprouts and a homemade sweet chilli and chives sauce served in a tortilla wrap.

Beef Steaker 8.95

Succulent beef steak served with pan fried onions, mushrooms and a mustard dip in a ciabatta roll.

The Caprese (V) 8.45

Freshly sliced summer tomatoes, hand pulled mozzarella cheese and a subtle bite of basil leaves in a ciabatta roll.

SUSHI BOWLS AND SALADS

12.00pm to 5.00pm

Super Shrimp Sushi Bowl (GF) 13.95

Lemon infused Sushi rice served with quinoa, avocado, cucumber, mayonnaise sauce and sesame seeds, drizzled with a ginger and garlic dressing.

Teriyaki Chicken Sushi Bowl (GF) 11.95

Sushi rice served with a tender chicken fillet cooked in a teriyaki sauce with julienne carrots, spring onions and a light sprinkle of poppy seeds.

Jersey Chancre Crab Salad (GF) 13.95

Handpicked crab with chives, avocado and a squeeze of lemon juice, served on a bed of mixed leaves, red peppers, cucumber and water cress.

Asian Beef Salad (GF) 12.95

Tender slices of marinated beef steak on a bed of crunchy red peppers, jalapeño, mint, cucumber, carrot and red onion with a ginger and lemon grass dressing.

Lemon & Ginger Chicken Salad (GF) 11.95

Char-grilled chicken on a bed of crunchy mixed leaves, ginger, carrot and avocado served with a cilantro and lemon dressing.

LITTLE NIPPERS 6.45

(under 12s)

All served with corn on the cob and summer salad

Margherita Pizza • Chicken Dippers

Jersey Beef Burger • Fish Fingers

Jersey Vanilla Ice Cream 3.25

TO START

12pm to 9pm

Mediterranean Vegetable Bruschetta (V) 5.45

Griddled bread topped with roasted Mediterranean vegetables, melted mozzarella, drizzled with basil pesto and served in a balsamic glazed rocket salad.

Sticky Ribs (GF) 6.45

Slow roasted St Louis style pork spare ribs basted with Chef's smoking BBQ sauce.

Warm Duck Noodle Salad 6.95 (Also available as a Vegetarian option)

Sliced duck breast mixed with a medley of julienne vegetables, mixed herbs and Chinese noodles with a soy, ginger and teriyaki dressing.

Moules 7.50

Steamed local mussels served with rustic bread and Jersey butter.

A La Creme or Thai Red Infused.

Gambas Pil Pil 7.75

Jumbo king prawns served in a garlic butter, chilli and paprika with dipping bread on the side.

Local Scallops (GF) 7.95

Hand dived scallops served with chorizo and a drizzle of garlic butter.

SEASIDE MEALS

12pm to 9pm

Caught On The Reef 11.95

(Available 12.00pm to 5.00pm Only)

Salt and pepper squid, filo prawns, cod goujons and fries served with rustic bread and dips.

Traditional Fish and Chips 12.75

Cod in crispy batter served with double dipped hand cut chips, garden peas and homemade tartar sauce.

Moules & Frites 15.00

Steamed local mussels served with fries, rustic bread and Jersey butter.

A La Creme or Thai Red Infused.

Seafood Antipasto 18.95

Handpicked Jersey crab meat, gambas, smoked salmon and Greenland prawns served with lemon and chive mayonnaise and Mary Rose dip with rustic bread.

Half a Jersey Lobster (GF) 17.95

Served with seasonal potatoes, avocado salad and a cilantro and lemon dressing.

Lemon Sole 17.95

Marinated in garlic, rosemary and thyme with infused parmentier potatoes served with asparagus, filled with Jersey caper butter.

Fillet Of Seabass (GF) 17.95

Set on a bed of Jersey kale, sun blushed tomatoes, green beans and new potatoes drizzled with a garlic, lime and ginger dressing.

Reef & Beef 20.95

10oz Char-grilled rib eye steak served with king prawns, hand cut chips and a choice of sauces, Garlic Butter Or Pepper Sauce

FLAVOURS OF THE WORLD

Thai Red Curry (GF) (V)

A rich, red curry sauce infused with kaffir lime leaves, lemon grass, basil, coriander and coconut milk served with basmati rice & shrimp crackers.

Vegetable 11.95 • Chicken 13.95

Duck 14.95 • King Prawn 15.95

Sizzling Fajita (GF)

Mixed sweet bell peppers, bean sprouts and onions cooked in our blend of spices served with cheddar cheese, sweet chilli dip, sour cream and two warm tortilla wraps. (why not add fries?)

Vegetable 11.95 • Chicken 13.95

Duck 13.95 • King Prawn 14.95

Sticky Rack Of Ribs 14.45

Slow roasted St Louis style pork spare ribs basted in Chef's smoking BBQ sauce served with fries and a salad garnish.

Reef Burger 12.95

A homemade beef pattie, cheese, bacon and onion rings in a lightly toasted bun and served with fries.

Chicken Schnitzel BLT Burger 12.95

Free range chicken breast with bacon, jack cheese, red onion marmalade served with fries, and garlic mayonnaise.

(Ask For Naked-No Batter)

TO FINISH

Warm Chocolate Fudge Cake 6.45

Served with Jersey cream.

Homemade Panna Cotta 6.45

Chef's famous homemade panna cotta served with summer fruits.

Banoffe Pie 6.45

Sliced banana and toffee filling layered on a digestive base topped with cream and sprinkles.

Cheese Cake 6.45

Thick and creamy vanilla flavoured cheese cake set on a digestive base topped with fruit coulis, summer fruits.

Jersey Vanilla Ice Cream 4.95

Jersey Dairy Ice Cream topped with a selection of fruit.

SIDE ORDER

Bucket Of Nachos 6.95

Garlic Bread 2.95

Garlic Bread with Cheese 3.45

Fries 2.95

Cajun Fries 3.25

Sweet Potato Chips 3.25

Hand Cut Chips 3.50

Jersey Royals (when available) 3.75

New Potatoes 3.50

Side Salad 3.45

Prawn Crackers 2.25

Garlic Butter 2.00

Peppercorn Sauce 2.00

